식감이 아삭아삭 일품인

강원도 고랭지

신선한 배추

ARRIVAL SATURDAY



Long-weekend

Finale Sale

ENJOY YOUR
LONG WEEKEND WITH H-MART!





4 DAYS ONLY
NOV 13-16

HOT DEAL **5.55LB**

Heritage Premium Beef Back Rib
프리미엄 소등갈비 원료육



4 DAYS ONLY
NOV 13-16



HOT DEAL **12.99 LB**

Beef Finger Meat(Chunk)
늑간살 원료육



HOT DEAL **79.98 PK**

Fresh Sea Urchin Roe(Bafun Uni) Hirayama 100G
호카이도산 바훈우니



4 DAYS ONLY
NOV 13-16

HOT DEAL 6.98 LB

Ecuador White Shrimp(HOSO)20/30
에콰도르 머리있는 백새우



LIMITED QUANTITY

3 DAYS ONLY
NOV 13-15



LIVE

HOT DEAL **18.98 LB**

Live Lobster(Double Claw) 살아있는 랍스터



HOT DEAL **6.98 PK**

HOT DEAL

88panda)Whole Smoked Duck Breast 400G

88판다)통훈제 오리가슴살

weekend feast

With Family

연휴 마지막 주말 온 가족 한 상 차림



2026 NEW CROP

HOT DEAL **37.98 BAG**

Sekka Rice 40LB
세카쌀



HOT DEAL **18.98 EA**

SK)Sesame Oil 1.65L 시라키쿠)참기름





HOT DEAL **19.98 EA**

JGG)Mat Kimchi 2.5KG 종가집)맛김치



HOT DEAL **4.98 BAG**

Cuties Mandarin 2LB 큐티스 만다린



ARRIVAL SATURDAY

HOT DEAL **5.98 PK**

PD)Instant Ramyun Multi 6Kinds
팔도)라면멀티6종



HOT DEAL **8.98 PK**

DW)Roasted Seaweed 2Kinds (16PK)

동원)양반 도시락김2종(16팩)

DELICIOUS NEW ARRIVAL

THE TASTE OF MAKGUKSU

설악산 그린푸드
들기름 막국수로 즐기는 별미 밥상



6.98PK SGF)Buckwheat Noodles with Perilla Oil Sauce 126G

SNACK TIME, ANY 2 FOR $4.98

LITTLE SNACKS, BIG SMILES

취향대로 2개 조합 특가 혜택



AS)Angler Fish w/

2 FOR 4.98 Spicy Sauce 570G

NEW STAY-HOME PANTRY

STAY-READY PANTRY ESSENTIALS

유통기한 넉넉한 데니쉬빵!



11.98EA DJ)Canned Danish Breads 170G 3Kinds

EMERGENCY PREPAREDNESS

STAY-READY WITH ESSENTIALS

비상시를 대비하는 생수 & 부탄가스, 롤휴지




SUN
FOR PORTABLE GAS RANGE
WHAT IS TSR?
BUTANE GAS CARTRIDGE
NOW SAFER THAN EVER
SAFE SECURE RELIABLE
TSR
SUN TAEYANG CORPORATION
237
SHEETS
9
ROLLS

Products May Be Sold Out Early 상품들은 조기품절될 수 있습니다

Special SALE



2026 NEW CROP

18.98 PK

SSG)Brown Rice 15LB 참주곱산)현미







PRODUCT OF KOREA
한국산

6.98 PK

5.98 PK

HS)Whole Pickled Radish(3PCS) 1KG
한상)통단무지

SP)Canned Tuna(3PCS)
세이브플러스)참치캔(3번들)





3.98 EA

CRD)Imitation Crab Meat Gold 454G
초립동)게맛살 골드



EASY EATS



SY)Buldak Ramyun 3Kinds 140Gx5
삼양)불닭볶음면(까르보/오리지널/치즈)

6.98 PK







GRN)Tteokbokki 560G+230G
그루나무)쌍팔년도 떡볶이(옛날맛) 기획제품

7.98 PK





9.98 PK

CJ)Duru
Duru Dumpling 709G
CJ)백설 두루두루만두

8.98 PK

SJ)Mini Fish Cake
Skewers 320G 2Kinds
삼진어묵)미니봉꼬치2종





ARRIVAL SATURDAY

2.98 EA

LT)Milkis 1.5L
롯데)밀키스



NS)Family Size Snacks 4Kinds
농심)조청유과/새우깡2종/메론킥

5.98 EA



DIM SUM PARTY AT HOME



7.98 EA

88Panda)Dimsum 3Kinds 400-450G

88판다)새우부추교자/게살스프링롤/새우라이스롤



A BOWL OF WINTER COMFORT



3.98 PK

SK)Frozen Udon(5PCS)

시라키쿠)우동



6.98 PK

Kibun)Oden Set 433G

키분)오뎅세트



15.98 PK

SPO)Dried Somen 2.5KG

샘표)소면



4.98 PK

CRD)Fresh Noodle For Udon & Jjajang 1KG

초립동)우동및짜장



4.48 EA

SK)Tsuyu Soup Base 500ML

시라키쿠)쯔유 베이스

PRODUCE

NOV 13 - 19



FINAL ARRIVAL

1.98LB

Fuyu Persimmon
단감



NEW CROP

1.48LB

Navel Orange
네이블 오렌지

2.68LB

Shatang Mandarin
사탕 귤







3.98EA

Oroblanco Grapefruit
오로블랑코 자몽



2FOR 1.48

Cilantro
실란초



1.98 LB

Jalapeno
할라피뇨



2FOR 1.68



0.88 LB

Seafood Mushroom 150G
해물 버섯

Gray Squash
한국 호박



3 FOR 1.98



1.88 LB

Green Onion
파

Shanghai Bok Choy
상하이 박초이



2.98 LB



2.98 LB

Sweet Potato
고구마

Gai Lan
가이란





12.98 BOX

4-Color Pomelo Box

4색 포멜로 박스



11.98PK

4DAYS ONLY NOV 13 - 16

PB)Yellow Croaker(W/R)
(200/300)(3PCS) 조기

NEW

12.98PK

BS)Boiled Abalone
Meat(6PCS) 180G
베스트씨푸드)자숙전복살(6미)





22.98LB

BC Albacore
Tuna Loin(Local)
BC산 알바코어 튜나로인



7.98 PK

PB)Easy-Peel Black Tiger Shrimp(31/40) 340G

폴라버드)이지필 블랙타이거 새우



2 FOR 8.48

PB)Frozen Gray Anchovy Wr 300G

폴라버드)회색멸치



11.48 PK

BK)Seasoned Octopus(Spicy) 350G

빌카)쭈꾸미사령부(매운맛)

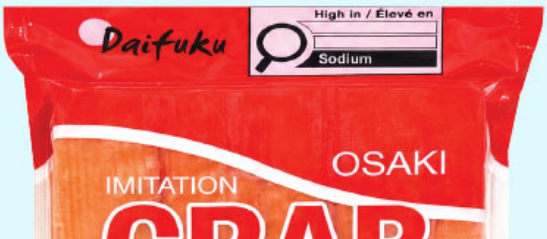


3.98 PK

Searay)Apple Snail Meat

시레이)우렁이살







2 FOR 8.48

BS)Seafood Mix 255G
베스트씨푸드)해물모듬



2 FOR 9.98

DFK)Crab Sticks 500G
다이후쿠)오자키형 게맛살스틱



9.48 PK

CRD)Roasted Squid 280G
초립동)구운 반건조(통)오징어



9.98 PK

AS)Seasoned
&Shredded Squid 141G
어선)국민반찬 오징어실채

Freshly Steamed Seafood

Squid, crabs, and more steamed seafood is ready for you.
After payment, please visit the seafood counter
or let us know your pickup date in advance, and we'll prepare it for you

갓 쪄낸 신선한 해산물

오징어, 게 등 다양한 해산물을 쪄드립니다.

계산 후 수산코너에 문의하시거나 구매시 픽업 날짜를 알려주시면 준비해 드립니다



MEAT

NOV 13 - 19



10.57LB

4DAYS ONLY NOV 13 - 16

Pork Belly Honeycomb Cut
벌집 삼겹살

8.03LB

4DAYS ONLY NOV 13 - 16

Pork Collar Steak
돼지목살 스테이크

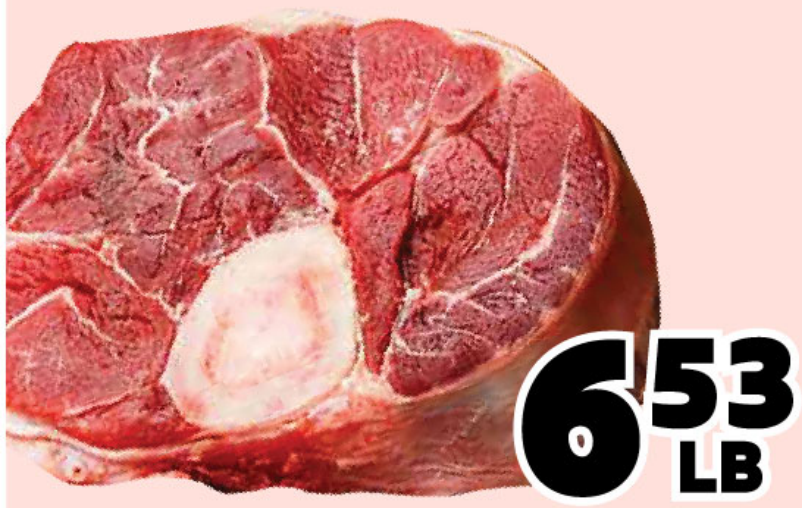




15.38LB

4DAYS ONLY NOV 13 - 16

Sliced AAA Beef Top Blade
AAA 부채살 로스구이



6.53LB

Beef Bone-In Shank
뼈있는 아롱사태



9.80LB

4DAYS ONLY NOV 13 - 16

Beef Eye Round Chunk
홍두깨



17.01LB

Beef Oxtail
생 소꼬리



12.79LB

4DAYS ONLY NOV 13 - 16

Lamb Shabu 양샤브



3.76LB

Fresh Whole Chicken
통닭



5.35LB

Frozen Whole Duck
냉동오리

LIVE MUSIC



Enjoy Live Music with Our Special Combos!

SAT-SUN • 5 - 7 PM





$4.99 Combo

Tornado Combo

1 Beer + 1 Tornado Potato
(맥주 1잔 + 회오리 감자 1개)

Crispy Combo

1 Beer + 1 Fried Squid
(맥주 1잔 + 오징어 튀김 1개)

DELI GROUP ORDERS WELCOME!

EDMONTON 1ST STORE ONLY

1호점 델리 단체주문 받습니다

*픽업 3일 전 주문하세요!
Please order 3days in advance for pickup.



23.98PK

4DAYS ONLY NOV 13 - 16

Sushi Tray
스시트레이



11.98PK

4DAYS ONLY NOV 13 - 16

Assorted Green Edibles
모둠나물



오징어채

12.50PK

4DAYS ONLY NOV 13 - 16

Beef Japchae
소고기잡채



23.98PK

4DAYS ONLY NOV 13 - 16

Spicy Pork Bone Soup
뼈 해장국





2.99
100G



FROZEN

1.99
100G

Frozen Marinated Beef
냉동 양념 소불고기

Frozen Marinated Pork
냉동 양념 돼지불고기



23.98 PK

3 DAYS ONLY NOV 13 - 15

Braised Jokbal 족발

MARINATED MEAT 3KINDS

Roast | Grill | Stir-Fry



3.60 100G 양념 LA갈비 Marinated LA Galbi





3 19
100G
양념 소불고기
Marinated Beef Bulgogi

2 19
100G
양념 돼지불고기
Marinated Pork Bulgogi

FROZEN

EDM 1ST STORE ONLY

Homemade Soup Specials

H-MART 에서 직접 만든 국 판매!



DWAEJI GUKBAP AND SOONDAE GUKBAP
EASY TO DEFROST AND ENJOY!
간단하게 해동 시켜 먹을 수 있는 돼지국밥과 순대국밥



PARTY TRAYS
파티트레이

EDM 1ST STORE ONLY

3 FOR
$99

***1 TRAY $34.99EA**

***Choose any 3 tray items. You may include up to 2 meat trays. Please pre-order at least 3 days before pickup.**



Spicy Pork
제육볶음



Bulgogi Beef
불고기



Chicken Mayo
치킨마요



Fruits
과일



Kimbap
김밥



Japchae
잡채

***CHOOSE 3 TRAY ITEMS.**
YOU CAN INCLUDE UP TO 2 MEAT TRAYS.

파티트레이 3가지 중
고기류는 최대 2가지 까지 선택 가능합니다.

ONE DAY ONLY
간편하고 완벽한 한끼

NOV 13 FRIDAY ONLY



6.50 PK

Takoyaki
타코야끼

NOV 15 SUNDAY ONLY



7.50 PK

Kimchi Fried Rice + Japchae
김치볶음밥 + 잡채

H-marts Deli

오늘뭐먹지?

What should I eat today?







Double discounts are not allowed for this promotion.
이 프로모션은 중복할인이 불가합니다.



MISSHA

HYALURONIC ACID + CERAMIDES
M Perfect Cover B.B Cream Pro 50ML



#19 #21 #23 #25 #27

14.98 EA

Centellian 24+

Madeca Cream



18.98 EA

Madeca Cream Time Reverse 50ML

센텔리안24)마데카 크림 타임 리버스





18.98 EA

Madeca Cream Tight Lifting 50ML

센텔리안24)마데카 크림 타이트 리프팅





numbuz:n

Retinol Lifting Eye Cream 10ML
레티놀 리프트 아이크림
18.98 EA

Retinol Volume Eye Cream 20ML
레티놀 볼륨톡스 아이크림
21.98 EA

S. NATURE

Intense Hydration Skin Care





Aqua Oasis Toner 300ML
아쿠아 오아시스 토너

19.98EA



Aqua Squalane Moisturizing Cream 60ML
아쿠아 스쿠알란 수분크림

20.98EA

아주아 스무살된 우준크림

JMsolution

THE EFFECT FACIAL MASKS

Glow up your skin with masks



7.98 PK

The Effect Facial Masks(10PCS) 5Kinds

제이엠솔루션)더 이펙트 마스크10매입 5종

Anua

Heartleaf Skin Care

Heartleaf + Hyaluron Deep Skin Care





Heartleaf + Hyaluron Toner 250ML
아누아)어성초 77+ 진정토너
25.98EA

Heartleaf + Hyaluron Lotion 200ML
아누아)어성초 70+ 데일리로션
27.98EA



피부 진정

수분 공급

29.98EA



Heartleaf 80% Soothing Ampoule 30ML

아누아)80% 어성초 수분진정 앰플



Daily Essentials

데일리 쓸수있는 필수품 집합!



35.98EA

Electric Hotpot(Steamer 2 Layered)

전기핫팟 (스티머, 2중 레이어)



LIMIT2 6.98PK

HISUN)Portable Butane Gas(4PCS)

하이썬)부탄가스



9.98PK

Hello Kitty)Lu-loo Bath Tissue 3-Layered

헬로키티)룰루 3겹 롤휴지

좋은느낌

오버나이트 생리대

Overnight Sanitary Pads



7.98 PK

GF)Overnight Sanitary Pads(M/L) 4PCS

좋은느낌)수퍼흡수 생리대(중형/대형)



표백

얼룩 제거

냄새 제거

8.98 EA

BRS)100% Sodium Percarbonate 1.5KG

바른세제연구소)과탄산소다



기름때 제거

욕실 청소

배수관 청소

7.98 EA

BRS)100% Baking Soda 1.5KG

바른세제연구소)베이킹소다

BLACK FRIDAY SALE • BLACK FRIDAY SALE • BLACK FRIDAY SALE

CUCKOO

BLACK FRIDAY

NOV 12 - 30



10 Cups **729.78 EA**

SILENCE OBJET

IH Twin Pressure Master Chef Silence Objet
CRP-OHTR0609F 트윈프레셔 사일런스 루민

BLACK FRIDAY SALE • BLACK FRIDAY SALE • BLACK FRIDAY SALE •



6Cups **699.98 EA**

IH Twin Pressure LHTAR 0609F(Black, White)
6인용 IH 트윈 프레셔 압력밥솥(블랙/화이트)

NAVIEN

추운 겨울밤,
온기로 포근하게.

Cozy warmth for
winter nights.





나비엔 메이트 온수매트

Water-Heated Mattress Pads



EQM350



EQM582

제품 상담은 매장 직원에게 문의하세요

Navienoptisleep.com

Long Weekend

Kitchen Essentials



4.98 EA

CRD)Vermicelli Potato Starch Noodle 1.5LB
초립동)궁중잡채 당면





QUICK MEAL IDEAS



7.98 EA

CRD)Dried Seaweed 150G
초립동)순미역



1.98 EA

OUH)Mapo Tofu Sauce 120G/Soup Stock 120G (Spicy Soft Tofu/Soybean Paste)
아워홈)바로 마파두부소스/찌개양념(순두부/전통된장)

아워홈)마로 마파두부소스/씨게장림(순두부/진옹관정)





10.98 EA

SPO)Soy Sauce (Gold S) 1.7L
샘표)진간장금S



9.98 EA

LT)Mirim 1.8L
롯데)미림





14.98 EA

HS)Perilla Seed Oil 500ML
한상)들기름

3.98 EA

S&B)Neri Wasabi (Family Size) 90G
S&B)와사비





5.98

0.98

EA

EA

DS)Soybean Paste 1KG
대상)순창재래식안심생된장

DS)Red Pepper Paste 1KG
대상)순창찰고추장



DS)Red Pepper Paste Mixed with Vinegar 300G
SJW)Anchovy Fish Sauce 500ML
KKM)Rice Vinegar 296ML 2Kinds
대상)초고추장 · 송죽원)멸치액젓 · 키코만)쌀식초2종

2.98 EA







7.98 EA

18.98 EA

TK)Chicken Frying Mix 1KG
태경)오테이스트 치킨튀김가루

IG)Mixed Grain Powder (29 Ingredients) 800G
29가지 국산만 골라담은 바른선식









3.98 EA

DW)Roasted Laver Flake 50G
동원)양반 한식 김가루

3.98 EA

O!Tea)Honey Citron Tea 300G
오티)유자차







Classico)Alfredo Pasta Sauce 410ML (Original/Roasted Garlic/4 Cheese)

3.98 EA





11.98 EA

GRM)Black Rice 4LB
그레인미)흑미



17.98 BAG

HDNH)Ha Dong Rice 4KG
하동군농협)별천지 하동쌀



NOODLE COLLECTION



6.98 PK

Paldo)Jjajang Men 200Gx4
팔도)일품 짜장면



1.98 EA

Erawan)Rice Stick 454G
(Small/Medium/Large/Extra Large)

SNACK TIME



3 FOR 9.98

SM)Cream Donut 100G 4Kinds
(Raspberry/Cream/Matcha/Strawberry)
서울우유)크림도넛(라즈베리/크림/말차/딸기)

DRINK SPECIALS

DRINK SPECIALS



2 FOR 6.98

MI)Barista Rules Drinks 325ML
(Flannel Drip Latte/Cold Brew Black)
매일)바리스타룰스(플라넬드립라떼/콜드브루블랙)



2.98 EA

MI)Cafe Latte 220ML
(Mild/Caramel Macciato/Low Sugar)

매일)마이카페라떼(마일드/카라멜마끼야또/로우슈거)

SNACK SPECIALS



NS)Dakdari Drumpops(Original/Sweet&Spicy) 66G

농심)닭다리 스낵(오리지날/스윗앤스파이시)





5.98 EA

HT)Matdongsan 341G
해태)맛동산

6.98 PK

HT)Oh! Yes 360G
해태)오예스

4.98 EA Snack Deals



ORO)Oh Karto Potato Cracker 115G
(Sweet Butter/BBQ/Tomato/Chili/Jalapeno)
오리온)오감자(스윗버터/바베큐/토마토/칠리/할라피뇨)



OR)Popcorn(Buttery/Extra Buttery) 82Gx6
OR)팝콘(버터맛/엑스트라 버터맛)



CW)Flan(Donut Peach/Strawberry) 160G
청우)플랑(납작복숭아/딸기)



CW)Grangshell Cookie(Strawberry) 195G
Chocochip Cookie(Chocolate) 240G
청우)그랑쉘(딸기)/쫀득쵸코칩쿠키



HT)Ace Cracker 364G
해태)에이스

TALK

WEBSITE
hmart.ca

CHECK OUT THE UA STORE EXCLUSIVE SALE!

On The H-Mart Edmonton Website Or Kakao Channel

UA STORE ONLY
SPECIAL DEAL

UA 단독특가



UA STORE ONLY



10.98 EA

HR)Ginseng Chicken Stew 800G

하림)즉석 삼계탕



UA STORE ONLY

7.98 PK

OD)Korean Sweet Hotteok 400G 2Kinds

오디저트)씨앗호떡/꿀호떡



UA STORE ONLY **5.98 EA**

Stp Spicy BBQ Seasoning 200G
Itbk Yose Hotpot Soup Base 730ML
Icbk Hot Pot Soup Base 750G
Itbk Kimchi Hot Pot Base 727ML



UA STORE ONLY **1.98 EA**

PD)Big Bowl Ramyun 110G 3Kinds
팔도)왕뚜껑(오리지널/김치/짬뽕)





UA STORE ONLY **5.98 EA**

LT)Pepero 140-180G 3Kinds
롯데)빼빼로(크런키/화이트쿠키/오리지널)



UA STORE ONLY **5.48 PK**

SSG)Mochi 300G 4Kinds
Yc B.sugar Pineapple Cake 200G



UA STORE ONLY

10.98 PK

Sekka Rice 4.4LB

설화쌀



UA STORE ONLY

9.98 PK

Myeongga Kkwabaegi 500G 2Kinds

에이플러스)명가꽈배기(흑설탕/참깨)



UA STORE ONLY

6.98 PK

Mini Wafers 168G 2Kinds

미니웨하스(코코넛&커피/블루베리)



UA STORE ONLY

1.98 EA

Coop)Select Coconut Cream 400ML

코코넛 크림



UA STORE ONLY

1.98 EA

UCC)Kona Blend Coffee 337ML

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Inquiries & Applications	jameskang@hmart.ca
Required Documents	Business Plan (Management Plan, Resume, Proposed Menu & Pricing)
Address	H-Mart Edmonton, 570-3803 Calgary Trail, Edmonton AB T6J 5M8

H-MART

디자이너 모집공고



접수기간: 채용시까지

모집부문

근무지	모집분야	담당업무	근무형태
에드먼턴	디자인팀	광고디자인(지면/온라인) 매장내 필요한 디자인물 제작	Full Time

■ 전형절차

서류전형 → 실기 테스트 → 면접 → 최종합격

■ 공통사항

- 학력 및 나이, 성별 무관
- 캐나다 내 합법적으로 근무 가능한 분
- 디자인 전공자 또는 유관업무 경험자
- 경력자 우대

■ 접수방법

- 온라인 지원
  hr@hmartalberta.ca
- 이력서, 커버레터, 포트폴리오 송부

■ 복리후생

- 근속 3개월 이상 시
  생일 상품권, 그룹보험(의료보험)
  경조사비 지급
- Meal Allowance 제공

■ 기타 유의사항

- 포트폴리오 제출 필수
- 영어와 한국어 원활한 의사소통이 가능한 분

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MEAT DEPARTMENT & BUTCHER

EDMONTON STORE 1 · CALGARY TRAIL

EXPERIENCED BUTCHERS PREFERRED. BEGINNERS ARE WELCOME!

LOCATION H-Mart Edmonton
Store 1 · Calgary Trail

PAY Based on experience ($18-28)

JOB RESPONSIBILITIES

- Cutting, Trimming, Slicing, And Preparing Various Cuts Of Meat
- Maintaining Product Freshness And An Attractive, Hygienic Display Providing Friendly Customer Service, Custom Meat Preparation Qualifications

QUALIFICATIONS

Knowledge Of Food Safety And Workplace Safety Procedures
Clean, Careful, And Sanitary Work Habits
Willingness To Learn & Develop Professional Skills

EMPLOYEE BENEFITS

- Employee discounts / Birthday gift cards / Meal allowance / Health benefits
Support for special occasions and family events

(After 3 months of employment)

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Resume Submisson : hr@hmartalberta.ca

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WE ARE HIRING!



SEAFOOD & SASHIMI SPECIALIST

EDMONTON STORE 1 · CALGARY TRAIL

EXPERIENCED CANDIDATES PREFERRED. BEGINNERS ARE WELCOME!

LOCATION
H-Mart Edmonton
Store 1 · Calgary Trail

PAY
Based on experience
(Discussed during interview)

JOB RESPONSIBILITIES

- Preparing premium sashimi and assorted seafood platters
- Expert fish preparation and precise knife work
- Preparing premium sashimi cuts while maintaining freshness and hygiene

QUALIFICATIONS

Sashimi preparation and fish-handling experience preferred
Clean, careful, and sanitary work habits
Willingness to learn and develop professional skills

EMPLOYEE BENEFITS
(After 3 months of employment)

- Employee discounts / Birthday gift cards / Meal allowance / Health benefits
  Support for special occasions and family events

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