

This sale is available at all H-Mart locations in Edmonton.

이 세일은 H-MART 에드먼턴 전 지점에서 진행됩니다.

Mid-August Special

**SUPER  
DEALS**



**HOT DEAL**

**29.98** **BOX**

Lago Grape 6LB 라고포도박스



**HOT DEAL**

**1.28** **LB**

Yumi Black Watermelon

검정수박



**HOT DEAL**

**2.48** **LB**

Longan 용안



**3 DAYS  
ONLY**  
AUG 14 - 16

**HOT DEAL**

**10.97** **LB**

**LIVE**

Dungeness Crab 던지너스게



**HOT DEAL**

**9.98** **PK**

Illex Squid(3PCS/PK) 선동오징어(3마리)





# 이번주 장보기 **PICK!**

WEEKLY **GROCERY PICKS!!**



**LIMIT 2 32.98 BAG**

Sekka Rice 40LB 세카쌀



**2 FOR 7.98**

JFC) Sundelic Sanuki Udon Mini (8P)

선델릭 미니우동



**HOT DEAL 20.98 EA**

DFK) Sesame Oil 1.65L

다이후쿠) 참기름



**HOT DEAL 6.98 EA**

CRD) Fish Cake (Square) 900G

초립동) 부산어묵 (사각)



**LIMIT 4 9.98 EA**

HR) Ginseng Chicken Soup 800G

하림) 즉석 삼계탕



**BEAT THE HEAT WITH ICE CREAM!**



**5.98 PK**

LT)Papiko Ice Cream  
(Choco) 130MLx6  
롯데)빠빼코 아이스크림(초코)



**5.98 PK**

BGR)Summer Crush  
(Coffee) 140MLx5  
빙그레)더위사냥 아이스크림



**5.98 PK**

BGR)Power Cap 130MLx6  
Ice Cream(Soda)  
빙그레)뽕파(소다맛)



**NEW CURRY PRODUCTS!**



**2.98 EA**

HF)Kokumaro Curry  
(Med.Hot/Hot) 140G  
하우스푸드)카레2종



FRIED-CHICKEN SNACK!

NEW

## NONGSHIM'S FRIED CHICKEN SNACKS



**1.98** EA NS)Fried Chicken Snack 66G  
(Original/Sweet & Spicy)

RICE SEASONING COLLECTION!

## BEST COMBO FOR RICE!

어디에나 뿌려도 맛있는 후리카케!



**2.98** EA JFC)Furikake Rice Seasoning  
(Nori/Katsuo/Ebi/Wasabi) 50G

SNACK CRAVING SOLUTION!

## CROWN'S BEST SNACKS

버터와플 / 쿠크다스(화이트/커피)



**4.98** EA CRW)Butter Waffle 316G  
Couque D' Asse 289G 2Kinds

HEALTHY NATTO SPECIAL

## STICK TO YOUR HEALTH!

건강식으로 좋은 낫또 컬렉션!



**1.98** EA

SK)Natto 138-204G 3Kinds



Products May Be Sold Out Early 상품들은 조기품절될 수 있습니다

# Special SALE



**3<sup>98</sup>**  
**PK**

PD)Gomtang Ramen 120Gx4  
Bibimmen 130Gx4

팔도)진국설령탕면/비빔면



## NOODLE SPECIALS



**16<sup>98</sup>**  
**BOX**

NS)Bowl Noodles 86Gx12  
(Yukgaejang/Shin Ramyun)

농심)사발면(육개장/신라면)



**ADD TASTE.  
EVERY DAY.**



**9<sup>98</sup>**  
**PK**

DW)Canned Tuna 150Gx4

(Lite Standard/Spicy)

동원)러브동원1호/3호 참치캔



**2FOR 10<sup>98</sup>**

CRD)Roasted Seaweed 5Gx12

(Olive Oil/Grape Seed Oil/Sunflower)

초립동)도시락김3종



## SNACK CRAVINGS



**2FOR 4<sup>98</sup>**

SL)Mini

Chestnut Bun 198G

삼립)밤만쥬

**2FOR 4<sup>98</sup>**

JF)Swelly Salted Butter

Rice Cake 38G

조이푸드)스웰리 소금 버터떡빵



**2<sup>98</sup>**  
**EA**

Kirin)Afternoon

Milk Tea 1.5L

기린)에프터눈 밀크티



**13<sup>98</sup>**  
**EA**

OSnack)Basa Skin

Snack (Original) 600G

오스넥)바사스킨 과자(오리지널)





# GINSENG CHICKEN SOUP



**10<sup>98</sup>**  
**EA**

HS)Ginseng  
Chicken Soup 800G  
한상)삼계탕

**3<sup>98</sup>**  
**EA**

HS)Herbal  
Ingredients 60G  
한상)삼계탕 재료



**3<sup>48</sup>**  
**EA**

SCW)Herbal  
Ingredients 80G  
서초원)삼계탕 한방재료



**16<sup>98</sup>**  
**EA**

GRS)Par Fried 920G  
Fish Cake (Skewer & Shrimp)  
고래사)꼬치어묵사각&새우봉

**3<sup>48</sup>**  
**EA**

CRD)Frozen Boiled  
Corns 630-850G 2Kinds  
초립동)찰옥수수/햇찰옥수수



**7<sup>98</sup>**  
**EA**

O!TEA)Yuzu Citrus Tea 1KG  
(Original/Passion Fruit/Apple)  
오티)유자차(오리지널/패션후르츠/사과)



# Pulmuone

Quick And Easy Meals!



**7<sup>98</sup>  
EA**

PMO)Mozzarella Rice Cake 400G  
풀무원)모짜렐라 치즈떡볶이



**EASY-TO  
PREPARE**



**9<sup>98</sup>  
PK**

Fish Cake Sausage Corn Dog 72-80Gx5  
(Mozzarella/Mozz & Cheddar/Crispy Potato)  
핫도그(모짜렐라/체다모짜/통모짜)



**10<sup>98</sup>  
EA**

Dumplings 600-720G  
(Kimchi/Chives&Vermicelli/Pan Fry Flat/Chives&Pork)  
만두(김치/부추잡채/납작지짐/부추고기)



**7<sup>98</sup>  
EA**

PMO)Cold Noodle 384-1020G 4Kinds  
Fresh Jjolmyun Chewy Noodle 460G  
풀무원)냉면(평양/함흥/취/동치미)/비빔생라면



Beauty starts here!

# KOMBUCHA FRESH TEA

맛있고, 장건강에 도움을 주는 콤부차



**498**  
**PK**

DT)BTS Kombucha Tea 50G 5Kinds  
담터)BTS 콤부차5종





## MUST-HAVE ITEMS



**8<sup>98</sup>  
EA**

DW)Fried Shrimp Cutlet 480G  
동원)통살새우가스



**7<sup>98</sup>  
EA**

SJD)Crab Meat 1KG  
대림)게맛살



**4<sup>98</sup>  
EA**

MG)Wheat Noodle  
(900G+310G) 1.21KG  
몽고)구포국수



**2<sup>98</sup>  
EA**

HV)Okonomiyaki 230G  
HV)오코노미야끼



**3<sup>48</sup>  
EA**

UFC)Coconut Water 1L  
UFC)코코넛 워터



**2<sup>28</sup>  
EA**

UFC)Lychee Juice with  
Himalayan Salt 500ML  
UFC)히말라야 솔트 리치주스



## SAUCE COLLECTION



**13<sup>98</sup>  
EA**

CJ)Paste 3KG  
(Soybean Paste)  
CJ)해찬들 재래식된장



**20<sup>98</sup>  
EA**

CJ)Paste 3KG  
(Red Pepper Paste)  
CJ)맛있는 태양초 고추장



**3<sup>98</sup>  
EA**

DS)Don Katsu  
Tokyo Classic Sauce 400G  
대상)도쿄클래식 돈까스소스



**6<sup>98</sup>  
EA**

DS)Oligosaccharide  
for Cooking 1.2KG  
대상)곡물 요리올리고당



**2<sup>48</sup>  
EA**

Buenas)Bagoong  
Balayan Anchovy  
Sauce 340G



**0.98<sup>LB</sup>**BC Kabocha  
단호박**1.28<sup>LB</sup>**BC Shanghai Bok Choy  
상하이 복초이**2<sup>FOR</sup> 2.98**BC Green  
Leaf Lettuce  
청상추**1.98<sup>LB</sup>**BC Baby Bok Choy Tip  
베이비 복초이팁**2<sup>FOR</sup> 2.28**English Cucumber  
오이**1.28<sup>LB</sup>**Green Cabbage  
양배추**9.98<sup>BAG</sup>**CF) Organic Russian  
Red Garlic(3/5PC)**10.88<sup>PK</sup>**Violet Kyoho Grape 3LB  
바이올렛 거봉포도**1.28<sup>LB</sup>**Honey Kiss Hami Melon  
허니키스 하미멜론**4.68<sup>LB</sup>**Chocolate Persimmon  
초콜릿 단감**24.98<sup>BOX</sup>**Korean Melon  
황금사라기 참외박스**2.48<sup>LB</sup>**White Peach/Nectarine  
백도/백천도



**2 FOR 34.98**JF)Lightly Salted  
Semi-Dried Snapper 180G

청담 제주반했어)제주산

저염자반 반건조 옥돔

**14.98 PK**Searay)Frozen  
Roasted Eel Fillet 14oz

Searay)민물장어

**FRESHLY  
HARVESTED****69.98 PK**

Fresh Sea Urchin

Roe(Uni) from BC

BC산 성게알

**12.98 PK**

BS)Seafood Mix 1KG

베스트씨푸드)해물모듬

**2 FOR 6.98**

BS)Fully

Cooked Clam 360G

베스트씨푸드)바지락

**13.98 PK**

FOWM)Abalone 5PC 170G

청해거상)냉동전복 5미

**2 FOR 9.98**

BS)Half-Cut

Swimming Crab 454G

베스트씨푸드)손질된 꽃게

**10.98 PK**

BS)Small Octopus 680G

베스트씨푸드)통낙지

**6.98 EA**

SH)Frozen

Oyster Meat 226.80G

수협)냉동굴

**12.98 EA**

GW)Roasted Pollack

with Seasoning 180G

금빛바람)용대리 황태양념구이

**16.98 EA**

CRD)Dried Squid

Shredded 227G

초립동)오징어실채

**9.98 EA**

SH)Roasted Dried

Bartail Flathead

Fillet (Shredded) 100G

수협)구운 양태포채

**2 FOR 6.98**

PB)Bullet Tuna

(Tulingan) 500G

폴라버드)불렛참치

## Freshly Steamed Seafood

Squid, crabs, and more steamed seafood is ready for you.

After payment, please visit the seafood counter

or let us know your pickup date in advance, and we'll prepare it for you

### 갯 찌낸 신선한 해산물

오징어, 게 등 다양한 해산물을 찌드립니다.

계산 후 수산코너에 문의하시거나 구매시 픽업 날짜를 알려주시면 준비해 드립니다





**25.22<sup>LB</sup>****4DAYS ONLY** AUG 14 - 17

AAA Beef Chuck Flat Fast Fry

AAA 살치살로스구이

**8.07<sup>LB</sup>****4DAYS ONLY** AUG 14 - 17

Pork Capicola Steak

돼지목살스테이크

**13.52<sup>LB</sup>****4DAYS ONLY** AUG 14 - 17

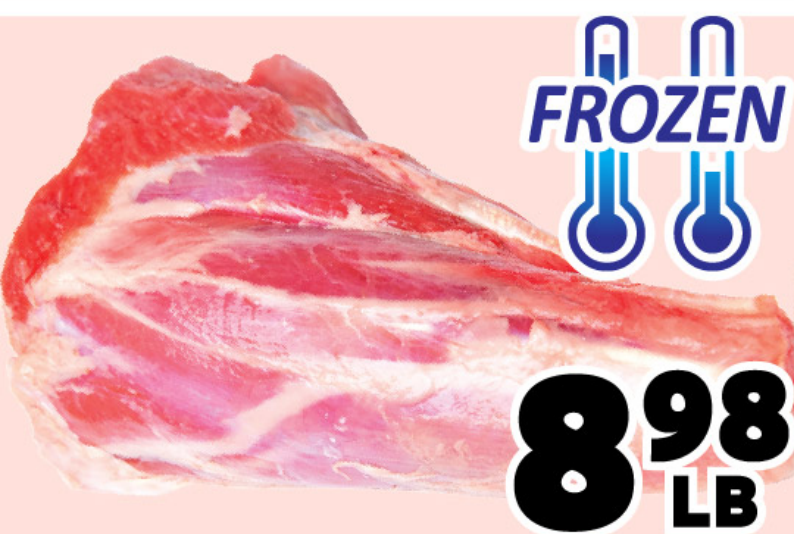
Beef Chuck Eye Shabu

등심샤브

**FROZEN****8<sup>98</sup><sub>LB</sub>**

Lamb Shank

양고기사태살

**9<sup>98</sup><sub>LB</sub>****4DAYS ONLY** AUG 14 - 17

Pork Belly Chunk

특 수육삼겹살

**FROZEN****7<sup>53</sup><sub>LB</sub>****EDMONTON ONLY**

Black Chicken 오골계

**FROZEN****7<sup>62</sup><sub>LB</sub>****EDMONTON ONLY**

Canadian Chicken 캐나다산 닭

**3<sup>81</sup><sub>LB</sub>**

Pork Hock

돼지 족

**8<sup>89</sup><sub>LB</sub>****4DAYS ONLY** AUG 14 - 17

Pork Capicola Roast for BBQ

BBQ용 생목살

**7<sup>62</sup><sub>LB</sub>**

Beef Back Ribs

소 등갈비





DELI

AUG 14 - 20

DELI GROUP ORDERS WELCOME!

EDMONTON 1<sup>ST</sup> STORE ONLY

1호점 델리  
단체주문 받습니다

\*픽업 3일 전 주문하세요!  
Please order 3days in advance for pickup.

16.98<sup>PK</sup>

4DAYS ONLY AUG 14 - 17

Sushi Boat  
스시보트



17.98<sup>PK</sup>

4DAYS ONLY AUG 14 - 17

BudaeJigae  
부대찌개



13.98<sup>PK</sup>

4DAYS ONLY AUG 14 - 17

Assorted Edible Greens  
모듬나물



LOWEST  
PRICE EVER! 4.98<sup>PK</sup>

4DAYS ONLY AUG 14 - 17

Spicy Pork Rice Bowl  
제육덮밥



13.98<sup>PK</sup>

4DAYS ONLY AUG 14 - 17

Nagasaki Champong  
나가사끼 찜뽕



4.98<sup>PK</sup>

Kimchi  
김치



3 FOR 8.98

Korean Side Dishes 한국반찬

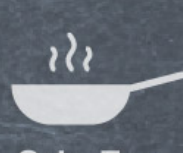
MARINATED  
MEAT  
3KINDS



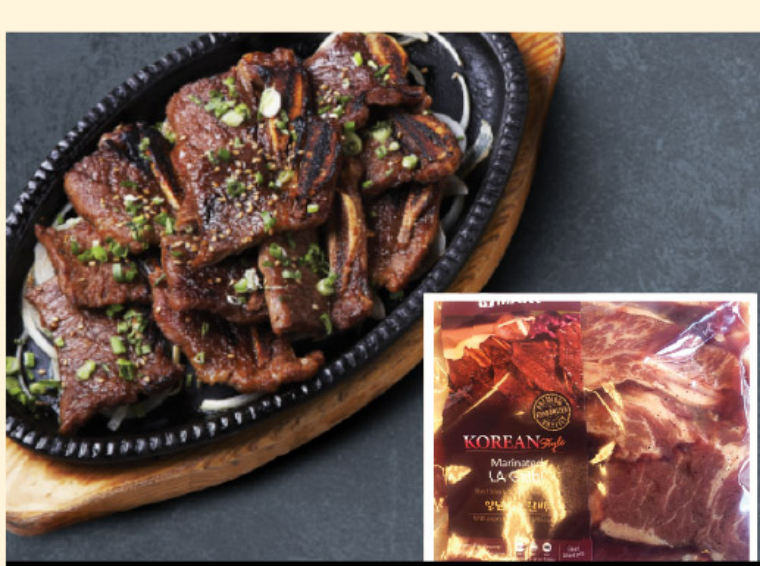
Roast



Grill



Stir-Fry



3.60  
100G

양념 LA갈비  
Marinated LA Galbi



3.19  
100G

양념 소불고기  
Marinated Beef Bulgogi



2.19  
100G

양념 돼지불고기  
Marinated Pork Bulgogi





ONE DAY ONLY

간편하고 완벽한 한끼



AUG  
14

FRIDAY ONLY



5<sup>50</sup>  
PK

Mini Kimbap  
꼬마김밥



9<sup>50</sup>  
PK

Marinated Dakgalbi  
양념닭갈비

AUG  
16

SUNDAY ONLY



13<sup>50</sup>  
PK

Combo Lunch Box  
콤보 런치박스



12<sup>50</sup>  
PK

Japchae 잡채

H-mart's Deli

오늘 뭐 먹지?

What should I eat today?

SUSHI  
DAY



TUESDAY  
ONLY

10%  
OFF

ALL SUSHI ITEMS

BUNSIK  
DAY

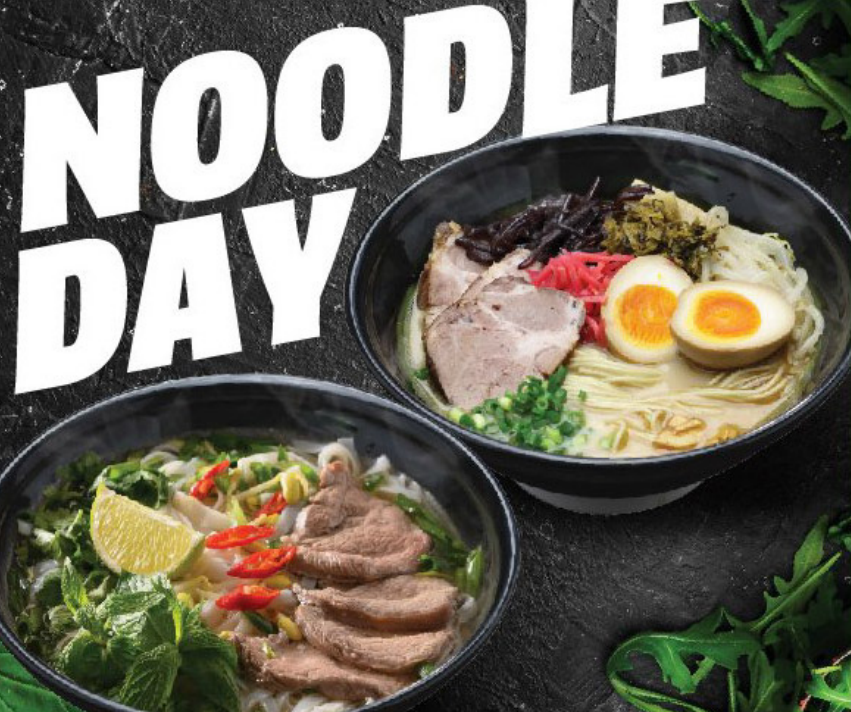


THURSDAY  
ONLY

10%  
OFF

TTEOKBOKKI,  
FRIES, FISH CAKES

NOODLE  
DAY



2 Every  
DAYS TUE  
WED  
화 · 수

9<sup>99</sup>  
EA

VIETNAMESE PHO  
TONKOTSU RAMEN

Double discounts are not allowed for this promotion.

이 프로모션은 중복할인이 불가합니다.





# PARTY TRAYS 파티트레이

EDM 1ST  
STORE ONLY

# 3 FOR \$99

\*1 TRAY \$34.99EA

**\*Please Pre-order before a day you pick them up**  
**픽업 하루 전 주문해 주세요!**



Spicy Pork  
제육볶음



Bulgogi Beef  
불고기



Chicken Mayo  
치킨마요



Fruits  
과일



Kimbap  
김밥



Japchae  
잡채



**\*CHOOSE 3 TRAY ITEMS.**  
**YOU CAN INCLUDE UP TO 2 MEAT TRAYS.**

파티트레이 3가지 중  
고기류는 최대 2가지 까지 선택 가능합니다.



CARE-PLUS

## COVER PATCH

초기 응급  
진정케어케어플러스  
스팟커버 패치 카밍  
96매(짜기전)짜고 난 후 진물 흡수  
상처케어케어플러스  
상처커버 스팟패치  
102매

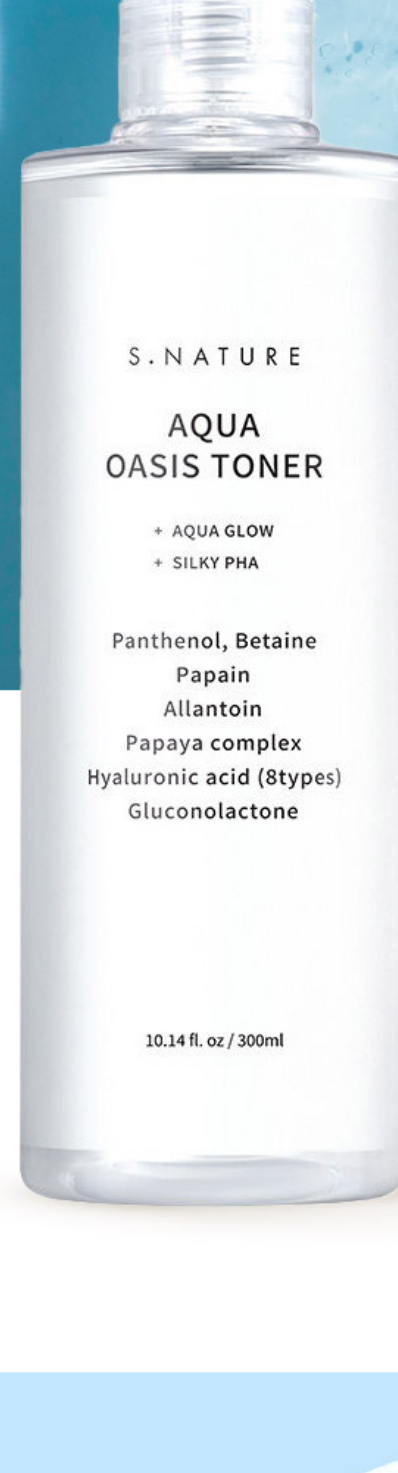
9.98 EA

Careplus)Cover Patch  
(Spot Cover Calming 96pcs/Scar Cover 102pcs)

케어플러스)스팟 커버패치 카밍/상처 커버 스팟패치

S.NATURE

Endless Moisture, Everyday



19.98 EA

Aqua Oasis Toner 300ML

아쿠아 오아시스 토너



20.98 EA

Aqua Squalane  
Moisturizing Cream 80ML

아쿠아 스쿠알란 수분크림

MISSHA

VitaC Plus  
Ampoule잡티  
개선모공  
축소

23.98 EA

Missha)VitaC Plus Ampoule

미샤)비타 씨 플러스 앰플

Jumiso

Waterfull  
Skincare

#Keep your skin hydrated &amp; Glow!



19.98 EA

Waterfull Hyaluronic Serum

워터풀 히알루로닉 एस이드 세럼

17.98 EA

Waterfull Hyaluronic Cream

워터풀 히알루로닉 크림



KERASYS

# PROPOLIS HAIR CARE



**13.98<sup>EA</sup>**

LPP Propolis For Damaged Hair

(Shampoo/Treatment) Volume Care Shampoo

LPP 프로폴리스 단백질 극손상 모발용(샴푸/트리트먼트)

LPP 프로폴리스 단백질 볼륨 케어용 샴푸

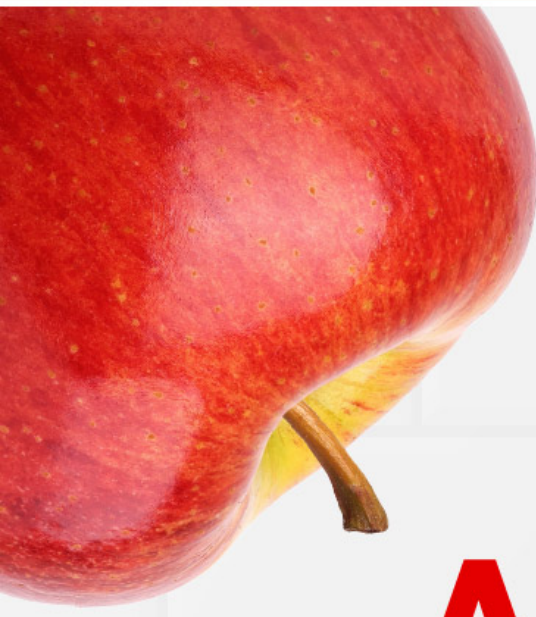
말끔하게  
커버되는 염색약!



**8.98<sup>EA</sup>**

Amino Acid&Protein  
Hair Dye Cream 120G

단백질 크림 염색



moev

# Anucatin Hair Care



**17.98<sup>EA</sup>**

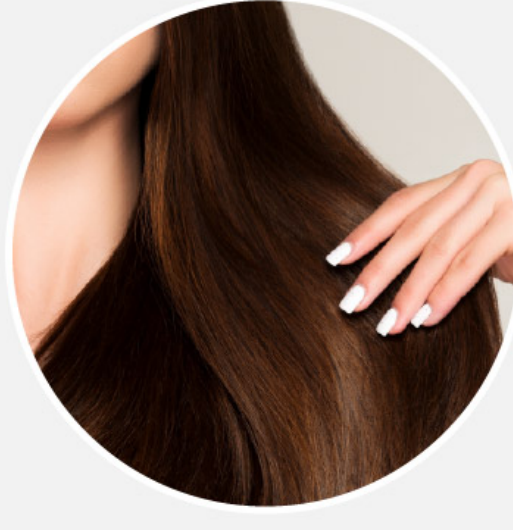
Anucatin Water Treatment

이누카틴 워터 트리트먼트

**17.98<sup>EA</sup>**

Anucatin Hair Oil Essence

아누카틴 헤어 오일 에센스



**24.98<sup>EA</sup>**

Anucatin Shampoo

아누카틴 샴푸



**CUCKOO**

# IH PRESSURE RICE COOKER



**BUY A RICE COOKER,  
GET A FREE \$79 MINI BLENDER**



**599.98<sup>EA</sup>**

**CRP-JHR0609F (6CUPS)**  
6컵 IH 전기압력밥솥



**Mini Blender**  
미니믹서

**GOOD&GOOD**

# 핸드형 직밀폐용기

**Microwave, freezer,  
and refrigerator **SAFE!****



**8L**

**\$9.98**

**12L**

**\$11.98**

**Good & Good) Plastic Food Container**  
굿앤굿) 핸드형 직밀폐용기 (8L/12L)





# Household Essentials

BBQ 그릴 및 다용도 생필품



38cm

**35.98<sup>EA</sup>**

Lacena)Griddle(38cm) 라체나)그리들



**7.98<sup>EA</sup>**

LL)Blooming Kitchen Scissors

락앤락)블루밍 양손 주방가위



**7.98<sup>PAIR</sup>**

Acupressure Slippers(Male/Female)

지압 실내화(남/여)



**7.98<sup>PK</sup>**

Toilet Paper Rolls(6PCS)

롤휴지 잘 풀리는 집 클래식(6롤)



# SNACK TIME



**2<sup>98</sup>  
EA**

**Meiji)Chocolate 2.71-4.580Z  
(Macadamia/Almond)**

**메이지)초콜릿(마카다미아/아몬드)**

## FOR COFFEE LOVERS



**3<sup>98</sup>  
EA**

**MI)Barista Rules Coffee Drinks 325ML  
(Cold Brew Black/Flannel Drip Latte)**

**매일)바리스타룰스(콜드브루 블랙/플라넬드립라떼)**



**7<sup>98</sup>  
EA**

**OT)3 in 1 Coffee 420-540G  
(Classic/Hazelnut/Cane Sugar/30% Less Sugar)**

**OT)3 in 1 커피(클래식/헤이즐넛/케인슈가/30% 저당)**

## 3.98 SNACKS



**ORO)Choco Mont(Original/Strawberry) 144G**

**오리온)초코몽(오리지널/딸기)**



**HT)Sweet Potato Osatsu Chip 100G**

**CRW)Caramel&Peanut 150G**

**해태)오사쯔 · 크라운)카라멜과 땅콩**



# REFRESHING DRINKS



**2<sup>98</sup>  
EA**

QS)Drinks 1L (Pomegranate&Mulberry  
Cherry Dual-Berry/Fig&Black Mulberry  
Stewed Hawthorn with Black Plum)



**7<sup>98</sup>  
PK**

BGR)Flavoured Milk  
(Banana/Strawberry) 200MLx6  
빙그레)우유(바나나/딸기)

# SNACK SPECIALS



**2<sup>FOR</sup>  
1<sup>48</sup>**

CF)Chickboy Pop Nik 100G  
(Cheese/Sweet Corn/Onion Garlic/BBQ)  
CF)치크보이 팝 닉 과자(치즈/스윗콘/어니온 갈릭/바베큐)



**2<sup>FOR</sup>  
2<sup>28</sup>**

7COSIA)Daily VC Squeeze Jelly 130ML  
(Lemon&Mango/Mixed Berries)  
7COSIA)데일리 스퀴즈 젤리(레몬&망고/믹스베리)



**2<sup>48</sup>  
EA**

7COSIA)Puri Jelly  
(Orange/Yogurt)  
퓨리젤리(오렌지/요거트)



**1<sup>68</sup>  
EA**

SK)Roll Cake 57.6G  
시라키쿠)롤케이크



# 4<sup>98</sup> EA Snack Deals



CRW) Creamble Cake (Cream Brulee) 320G  
Poteau Cracker (Cheese) 322G  
크라운) 크림블(크림브뤼레)/보또(치즈)



CW) Grangshell Cookie (Apple) 234G  
Sticky Rice Cookie Chocolate 258G  
청우) 그랑셸(사과)/초코파이찰떡



CW) Chocochip Cookie (Coffee/Chocolate) 200-240G  
청우) 쫄득초코칩쿠키(커피/초코)

# 5<sup>98</sup> EA Snack Deals



NS) Family Size Snacks 180-400G  
농심) 패밀리 사이즈 스낵  
(메론킥/알새우칩/자갈치/조청유과/새우깡/매운 새우깡)

# 6<sup>98</sup> EA Snack Deals



GL) Almonds 190G  
(Honey Butter/Baked Corn/Cookie & Cream)  
길림) 아몬드(허니버터/군옥수수/쿠키앤크림)



HT) Red Bean Jelly Bar 500G  
KW) Jelly Straw (Fruit Flavour) 810G  
해태) 연양갱 · 키즈웰) 젤리스트로(과일맛)





WEBSITE  
hmart.ca

## CHECK OUT THE UA STORE EXCLUSIVE SALE!

On The H-Mart Edmonton Website Or Kakao Channel

UA STORE ONLY  
SPECIAL DEAL

# UA 단독특가



UA STORE ONLY

2.98<sup>EA</sup>

HS)Fried Seasoned Soybean Curd 154G

한상)유부초밥



UA STORE ONLY

2.98<sup>EA</sup>

SJW)Whole Yellow Radish 500G

송죽원)통단무지(황)



UA STORE ONLY

5.98<sup>PK</sup>

MI)Yogurt Drink 63MLx25

(Original/Strawberry/Pineapple)

매일)요구르트(오리자날/딸기/파인애플)



UA STORE ONLY

1.98<sup>EA</sup>

HEINZ)Maple Style Beans

British Beans/Deep Browned Beans 398ML



UA STORE ONLY

4.98<sup>EA</sup>

HF)Vermont Curry(Mild/Hot/Med.Hot) 230G

하우스푸드)버몬트 카레(순한맛/매운맛/약간매운맛)



UA STORE ONLY

10.98<sup>EA</sup>

DFK)Takoyaki 1KG

다이후쿠)타코야끼

UA STORE ONLY

4.98<sup>EA</sup>

SP)Gold F-3

Soy Sauce 500ML

샘표)진간장



UA STORE ONLY

9.98<sup>EA</sup>

HAIIO)Bukkyung

Fried Dumpling 1.2KG

해오름)북경식군만두

UA STORE ONLY

2.98<sup>EA</sup>

STB)Coffee 405ML

(Vanilla/Mocha)

STB)커피(바닐라/모카)